

## Great Escape Preschool

<p><b>Preschool Discovery</b>  <b>2 1/2-3 year olds</b>  <b>\$121/month</b>                  Mondays &amp; Wednesday                  8:30-10:30am</p>	<p>Don't miss the chance to be in the area's finest early education program!</p> <p><b><i>Register now for the 2008/2008 school year!</i></b></p> <p>A creative, innovative and challenging learning environment for your child's early education experience</p> <p>Qualified professional teaching staff with experience and Early Childhood Education degrees</p> <p><b>Daily physical activity in our gymnastics and/or large gym facility</b></p> <p>Music enrichment provided by a certified music teacher</p> <p>Preschool Extension/Kindergarten Readiness program</p> <p>Field trips, theme days, special events and more</p> <p>Math                  Art                  Fine Motor Skills                  Language &amp; Listening                  Science &amp; Sensory</p>
<p><b>3 &amp; 4 year olds</b>  <b>Morning Preschool</b>  <b>\$146/month</b>                  Tuesdays &amp; Thursdays                  8:30-11:00 am</p>	
<p><b>3 &amp; 4 year olds</b>  <b>Afternoon Preschool</b>  <b>\$141/month</b>                  Tuesdays &amp; Thursdays                  11:45-2:15 pm</p>	
<p><b>4 &amp; 5 year olds</b>  <b>Morning Preschool</b>  <b>\$199/month</b>                  Monday, Wednesday &amp; Friday                  8:30-11:00 am</p>	
<p><b>4 &amp; 5 year olds</b>  <b>Afternoon Preschool</b>  <b>\$195/month</b>                  Monday, Wednesday &amp; Friday                  11:45-2:15 pm</p>	
<p><b>Preschool Extension</b>  <b>4 &amp; 5 year olds</b>  <b>\$57/month</b>                  Wednesdays                  11:00-1:00 pm</p>	

## Policies & Procedures

### Make Up Policy

All make ups must be made within the current session, limit of 2 make ups per 10 week session. Make ups are permitted based on class availability.

### Registration Fee

There is an annual registration fee of \$35 for the first child. Your second child is \$15 and your third child is FREE!

### Shop for the Stars!

The Pro-Shop at Elite Sports Complex offers the latest styles in leotards, gym attire & accessories for your athlete!

*We reserve the right to cancel any class with fewer than 3 students after the 1<sup>st</sup> week.*



**ELITE  
 SPORTS  
 COMPLEX**

[www.elitesportscomplex.com](http://www.elitesportscomplex.com)

## Spring 2008 Schedule

**Spring Session: April 7<sup>th</sup> – June 7<sup>th</sup> (9 weeks)**

**No Classes Monday May 26<sup>th</sup>**

*(Monday classes will be prorated accordingly)*

**Register Now!**

**630 968-2699**

**Open Gyms**

*For preschoolers ages 3-6*

Fridays 12:30-1:30pm

\$6

**Preschool Gymnastics**

**Wobblers (ages 12-24 months)**

50 minutes

\$112.50 9weeks

401 2 01	Monday	9:00	Children will participate in group warm ups, tumbling, trampoline & obstacle courses to build strength and coordination. Music, ribbons, balls and other fun equipment are used in class to make this a fun and developmental experience.
401 2 02	Wednesd	10:00	
	ay	0	

**Wobblers/You & Me Combo**

401 2 03	Tuesday	1:00	Children will participate in group warm ups, tumbling, trampoline & obstacle courses to build strength and coordination. Music, ribbons, balls and other fun equipment are used in class to make this a fun and developmental experience.
401 2 04	Wednesd	11:00	
401 2 05	ay	0	
	Saturday	9:00	

**You & Me (ages 2-3 years)**

50 minutes 9weeks

\$112.50 9weeks

401 2 06	Monday	10:00	You & Me continues where Wobblers leaves off. Explorative activities and exercises are used to develop gross motor skills as well as more gymnastics specific skills.
401 2 07	Tuesday	0	
401 2 08	Wednesd	9:00	
401 2 09	ay	9:00	
	Friday	9:00	

**Free 2B3 (ages 3-3.5 years)**

60 minutes 9weeks

\$126 9weeks

This is an introduction into the

401 2 10	Monday	11:00	'big kid' gym using bars, beams, trampoline & tumbling.
401 2 11	Tuesday	0	
401 2 12	Tuesday	9:00	
401 2 13	Wednesd	10:00	
	ay	0	

**Tiny Tots (ages 3.5-4 years)**

60 minutes 9weeks

\$126 9weeks

401 2 14	Monday	9:00	Children will participate in a group warm up to develop motor skills, strength and flexibility. Travel to and from various gymnastics events such as trampoline, balance beam, tumbling, obstacle courses & uneven bars.
401 2 15	Monday	10:00	
401 2 16	Monday	0	
401 2 17	Tuesday	1:00	
401 2 18	Tuesday	10:00	
401 2 19	Wednesd	0	
401 2 20	ay	1:00	
401 2 21	Wednesd	9:00	
401 2 22	ay	10:00	
401 2 23	Wednesd	0	
401 2 24	ay	1:00	
401 2 58	Wednesd	3:30	
401 2 25	ay	9:00	
401 2 26	Thursday	10:00	
401 2 27	Thursday	0	

**Tiny Tot/Kindergym Combo (ages 3.5-6 years)**

401 2 28	Wednesd	4:30
401 2 29	ay	11:00
401 2 30	Thursday	0
	Friday	11:00
		0

**Preschool Gymnastics continued**

**Kindergym (ages 5-6 years)**

60 minutes 9weeks

\$126 9weeks

401 2 31	Monday	9:00	
401 2 32	Monday	10:00	After warming up and stretching, children will begin the concept of working independently
401 2 33	Monday	0	
401 2 34	Monday	11:00	
401 2 35	Tuesday	0	at stations to master specific skills.
401 2 36	Tuesday	1:00	Children will learn not only gymnastics (vault, bars, beam, tumbling & trampoline) but will also learn developmental and social skills to improve their mental and physical well being.
401 2 37	Wednesday	9:00	
401 2 38	ay	1:00	
401 2 39	Thursday	1:00	
401 2 40	Thursday	10:00	
401 2 41	Thursday	0	
	Saturday	1:00	
		3:30	
		10:00	
		0	

<b>Super Heroes (ages 4-6 years)</b>			
<b>60 minutes 9weeks</b>			
<b>\$126 9weeks</b>			
		For boys only!	
401 2 45	Monday	1:00	This class is perfect for the boys with lots of energy! Obstacle courses, bars, trampoline & tumbling geared for active young boys!
401 2 46	Wednesday	9:00	
401 2 47	ay	1:00	
401 2 48	Wednesday	1:00	
401 2 49	ay	9:00	
	Thursday		
	Friday		

<b>Super Kids – Boys Only (ages 4-6 years)</b>			
<b>60 minutes 9weeks</b>			
<b>\$126 9weeks</b>			
		This accelerated class is for boys with the physical and mental preparation to work advanced skills. By teacher recommendation only.	
401 2 50	Monday	9:00	
401 2 57	Tuesday	12:30	

<b>Dance/Gymnastics Combo</b>			
<b>60 minutes</b>			
<b>\$126 9weeks</b>			
		A combination of dance and gymnastics for children ages 4-6.	
401 2 56	Tuesday	3:30	
401 2 43	Wednesday	4:30	
401 2 44	ay	11:00	
	Saturday	0	

<b>Super Tots (ages 4-5 years)</b>			
<b>60 minutes</b>			
<b>\$126 9weeks</b>			
		This class is for tots that have learned handstands, cartwheels and listening skills. By teacher recommendation only.	
401 2 42	Thursday	9:00	

<b>Super Kids (ages 4-6 years)</b>			
<b>90 minutes</b>			
<b>\$175.50 9weeks</b>			
		This accelerated class is for children	

401 2 51	Tuesday	10:00	with the physical and mental preparation to work advanced skills. By teacher recommendation only.
401 2 52	Tuesday	0	
401 2 53	Wednesday	1:00	
401 2 59	ay	6:00	
401 2 54	Thursday	1:00	
	Friday	9:30	

**Elite also offers dance & rhythmic classes for preschool children!**

## Girls & Boys Gymnastics

<b>Girls Level 1 (ages 6-8 years)</b>			
<b>60 minutes</b>			
<b>\$126 9weeks</b>			
402 2 01	Monday	4:30	This is the entry-level class for girls beginning to learn gymnastics. Skills such as cartwheels, rolls and pullovers will be taught while being introduced to the uneven bars, balance beam, tumbling, vault and trampoline.
402 2 02	Monday	5:30	
402 2 03	Tuesday	4:30	
402 2 04	Tuesday	6:00	
402 2 05	Wednesday	6:00	
402 2 06	Thursday	4:30	
402 2 07	Saturday	11:00	
<b>Girls Level 1&amp;2 (ages 9 &amp; up)</b>			
402 2 08	Wednesday	7:00	<i>*limited availability</i>
*402 2 09	Thursday*	*5:30	

<b>Girls Level 2 (ages 6 &amp; up)</b>			
<b>60 minutes</b>			
<b>\$126 9weeks</b>			
		This intermediate class requires mastery of the round off, backward roll and the back hip pullover on the uneven bars to earn entry into class.	
402 2 10	Monday	5:00	<i>2 classes per week recommended</i>
402 2 11	Monday	5:30	
402 2 12	Tuesday	3:30	
402 2 13	Thursday	6:30	

<b>Girls Level 3 (ages 6 &amp; up)</b>			
<b>90 minutes</b>			
<b>\$175.50 9weeks</b>			
		Advanced skills such as back hip circles, backbend kick-overs and handstands on beam will be taught. By instructor evaluation only.	
402 2 14	Monday	3:30	<i>2 classes per week recommended</i>
402 2 15	Monday	6:30	
402 2 16	Tuesday	5:30	

<b>Girls Level 4 (ages 6 &amp; up)</b>			
<b>90 minutes</b>			
<b>\$175.50 9weeks</b>			
		Advanced class, By instructor evaluation only.	
402 2 21	Monday	3:30	

<b>Boys Beginner (ages 6 &amp; up)</b>			
<b>60 minutes</b>			
<b>\$126 9weeks</b>			
		Boys will gain strength, coordination and flexibility while using the, rings, pommel horse, parallel bars, vault,	

402 2 17	Monday	3:30	high bar, trampoline & tumbling.
402 2 18	Thursday	4:30	
<b>Boys Advanced (ages 6 &amp; up)</b>		After mastering the skills in level 1&2, boys will begin working more advanced skills in this 90 minute class.	
<b>90 minutes</b>			
<b>\$175.50 9weeks</b>		By instructor evaluation only.	
402 2 19	Thursday	6:00	

*Elite also offers competitive teams for girls and boys!*

<b>HipHop</b> ages 12 and up 8:00-8:45 409 2 05		<b>Jazz 2&amp;3</b> ages 9-11 7:00-7:45 409 2 12
		<b>Ballet/Jazz Technique</b> ages 12 and up 7:45-8:30 409 2 13

**Celebrate your next birthday or sports party at  
Elite Sports Complex!**

Call 630 968-2699 for more information or go to  
[www.elitesportscomplex.com](http://www.elitesportscomplex.com)!

## Dance

<b>Dance Classes begin January 7<sup>th</sup> – June 12<sup>th</sup></b> 22 weeks, no classes week of March 24-28 Monday Classes will be prorated for Memorial Day, May 26 <sup>th</sup>  First class per family \$308.00 Second class per family \$286.00 Third class per family \$264.00 Fourth class per family \$242.00 Fifth class per family \$220.00		
<b>Monday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>Mini HipHop</b> <b>ages 4-6</b> 5:00-5:45 409 2 01		<b>Ballet/Tap</b> <b>ages 3-5</b> 4:00-4:45  409 2 08
<b>Ballet/Tap/Jazz</b> <b>ages 4-6</b> 5:45-6:30  409 2 02		<b>Ballet 1</b> <b>ages 6-8</b> 4:45-5:30  409 2 09
<b>HipHop</b> <b>ages 7-11</b> 6:30-7:15  409 2 03	<b>Ballet/Lyrical</b> <b>ages 8-19</b> 7:00-7:45  409 2 06	<b>Jazz 1</b> <b>ages 6-8</b> 5:30-6:15  409 02 10
<b>Ballet/Tap/Jazz</b> <b>ages 7-11</b> 7:15-8:00  409 2 04	<b>Tap (adult/teen)</b> <b>ages 13 and up</b> 7:45-8:30  409 2 07	<b>Ballet 2&amp;3</b> <b>ages 9-11</b> 6:15-7:00  409 2 11

## Rhythmic Gymnastics

<b>Little Leapers (ages 3-4)</b> <b>60 minutes</b> <b>\$126 9weeks</b> 403 2 01 Tuesday 4:00 403 2 02 Thursday 5:30	This is a fun introduction to rhythmic gymnastics and movement education. Large & fine motor skills are developed through tumbling, dance, and all 5 pieces of rhythmic equipment, along with alternative equipment such as balloons, bean bags & scarves.
<b>Junior Jumpers (ages 5-6)</b> <b>60 minutes</b> <b>\$126 9weeks</b> 403 2 03 Tuesday 4:00 403 2 04 Thursday 2:00 403 2 05 Thursday 5:30 403 2 06 Saturday 10:0 403 2 07 Saturday 0 4:00	This class features jumping, running and basic locomotor movements incorporated into a warm up routine involving skills and stretches appropriate for the age/size of the children. Ballet and tumbling are part of the class along with an introduction to the rhythmic equipment: ribbon, rope, ball clubs & hoop.
<b>Intro (ages 7-8)</b> <b>60 minutes</b> <b>\$126 9weeks</b> 403 2 08 Tuesday 5:00 403 2 09 Thursday 7:30 403 2 10 Saturday 10:0 403 2 11 Saturday 0 5:00	This is the first level of instruction in rhythmic gymnastics for girls ages 6 & older. Basic skills in ballet, dance and equipment are taught. This is an introductory level familiarizing students with the basic body elements and equipment used in rhythmic gymnastics.
<b>Basic (ages 9 &amp; up)</b> <b>90 minutes</b> <b>\$175.50 9weeks</b>	This is a developmental class for the young gymnast who demonstrates potential in dance and the use

403 2 12	Thursday	6:30	of equipment an interest to learn more about rhythmic. The emphasis is on flexibility, basic skills technique and ballet.
<b>Tiny Talent (invitation only)</b> <b>90 minutes</b> <b>\$175.50 9weeks</b>			The structure of the class differs from the developmental levels in that greater attention will be placed on discipline, proper form, poise and technique. Ballet instruction, as it relates to rhythmic gymnastics, is included.
403 2 13	Thursday	6:30	
403 2 14	Friday	6:30	
<b>High Hopes (invitation only)</b> <b>2 hours</b> <b>\$255 9weeks</b>			The structure of the class differs from the developmental levels in that greater attention will be placed on discipline, proper form, poise and technique. Ballet instruction, as it relates to rhythmic gymnastics, is included.
403 2 16	Thursday	6:30	
403 2 15	Friday	6:30	
<b>Artistic &amp; Rhythmic Combo</b> <b>60 minutes (ages 4-6)</b> <b>\$126 9weeks</b>			This introductory level class offers an overview of rhythmic and artistic gymnastics. Gymnasts will use a combination of beam, bars & tumbling as well as dance and flexibility as it relates to rhythmic.
403 2 18	Tuesday	11:00	
403 2 17	Thursday	1:00	

*Elite also offers a competitive rhythmic gymnastics team!*

### Did you know...?

Elite Sports Complex was the 1996 Olympic Team Training Center for the Rhythmic Group Team and the 2007 host for the Pan Am Team Selection Camp?

### Trampoline & Power Tumbling

<b>Kinderbounce (ages 4-6)</b> <b>60 minutes</b> <b>\$126 9weeks</b>			This new and fun class gets your little one jumping, rolling and tumbling on trampoline, tumble trak, double mini trampoline & spring floor.
425 2 01	Monday	4:30	
425 2 02	Wednesd	11:00	
425 2 03	ay	11:00	
425 2 12	Saturday	12:00	
<b>Beginner T&amp;T</b> <b>60 minutes</b> <b>\$126 9weeks</b> Beginner T&T (ages 6-8)			

425 2 04	Wednesd	3:30	This is a class for new students who are learning cartwheels, bridges, handstands and rolls as well as beginner jumps on the trampoline & double mini trampoline.
425 2 05	ay	*4:30	
425 2 06	*Thursday	9:00	
Beginner T&T (ages 9 and up)			
425 2 07	Thursday	5:30	
<b>Advanced Beginner T&amp;T</b> <b>60 minutes</b> <b>\$126 9weeks</b>			This is a more advanced class for students working round offs and limbering skills. They will also learn skill combinations on trampoline & double mini trampoline.
Advanced Beginner (ages 6-8)			
425 2 08	Tuesday	7:00	
425 2 09	Thursday	3:30	
425 2 10	Saturday	10:00	
Advanced Beginner (9 & up)			
425 2 11	Tuesday	6:30	
<b>Intermediate T&amp;T (7 &amp; up)</b> <b>(flip flop shop)</b> <b>90 minutes</b> <b>\$175.50 9weeks</b>			This class focuses on learning front and back handsprings (flip flops) and flipping progressions.  <i>Round offs and backbends are prerequisite for this class.</i>
425 2 19	Tuesday	5:00	
425 2 12	Wednesd	4:30	
425 2 13	ay	6:30	
Thursday			
<b>Advanced T&amp;T</b> <b>90 minutes \$175.50 9weeks</b>			This advanced class will focus on forward and backward flipping skills as well as twisting skills.  Consecutive flip flops are prerequisite for this class.
425 2 14	Tuesday	6:30	
425 2 15	Friday	4:00	
<b>Just for Jumping (ages 6 &amp; up)</b> <b>Trampoline Only</b> <b>60 minutes \$126 9weeks</b>			This class focuses on trampoline skills including jumping and beginner flipping skills while using the double-mini trampoline, tumble trak and trampoline.
425 1 16	Thursday	3:30	
<b>Boys T&amp;T (ages 6 &amp; up)</b> <b>60 minutes \$126 9weeks</b>			For boys with Beginner to Intermediate Trampoline & Tumbling Skills
425 1 18	Thursday	4:30	

*Elite also offers a competitive trampoline & power tumbling team!*

*Call 630 968-2699 for more information!*